

{ASK THE EXPERTS}

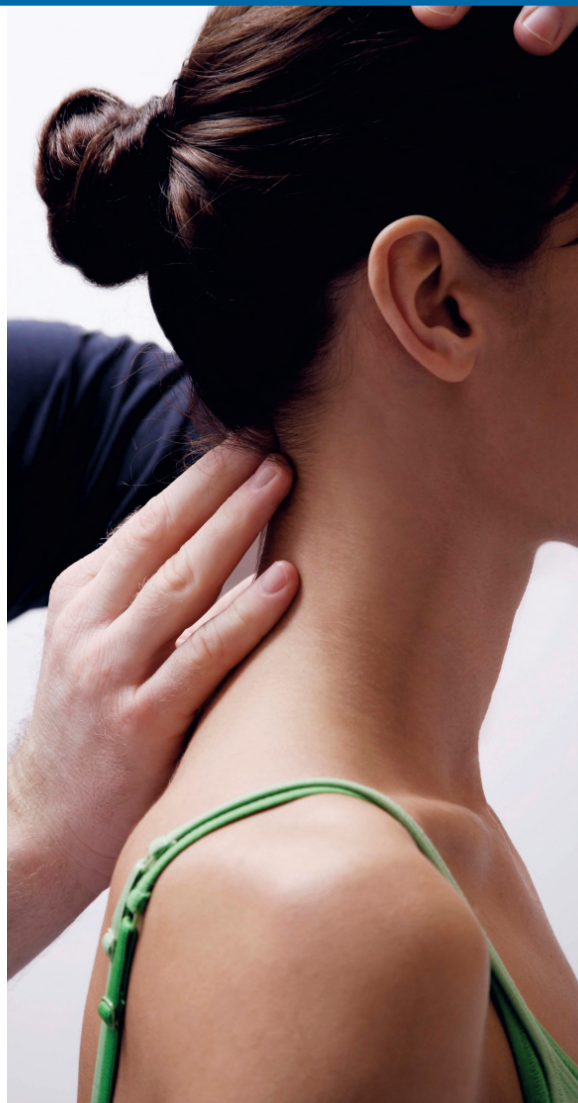


Functional Medicine

Functional medicine expert David Peterson, DC, DCCN, explains his new, personalized approach to medical care.

What is functional medicine/endocrinology?

Functional medicine is the science of looking at the body as an interconnected whole and applying state-of-the-art testing to diagnose conditions and determine treatment. We recommend natural and researched supplements. Lifestyle and nutrition changes are promoted to correct metabolic and hormonal imbalances. We detect and recognize a patient's irregularities before they become a chronic disease or a debilitating illness. Functional medicine addresses a disease's underlying



cause and offers options when traditional or alternative medicine is not a choice, would treat only symptoms, or has failed altogether.

Why are you considered an expert in functional medicine?

I have been practicing for 15 years, teaching functional medicine to professionals, and lecturing on topics including gluten sensitivity and autoimmune thyroid disease (Hashimoto's disease). I work with patients across the U.S., as well as in South America, New Zealand, and Croatia. My background in blood nutrition chemistry and herbology is extensive, and I am developing research projects on microbial ecology as it pertains to gut function. Some of my case studies are featured in the highly rated book *Why Do I Still Have Thyroid Symptoms? When my Lab Tests Are Normal* by Datis Kharrazian, DHSc, DC, MS.

What sets you apart?

We take the complex series of confusing symptoms you may be experiencing and explain why you feel the way you do. We can save you time, energy, and resources by prioritizing the systems that profoundly and positively impact your physiology. Patients say our team of doctors, nurses, and nutritionists are the only ones to "connect the dots." This allows us to determine and provide the very best in diagnostic labs, education, and safe, innovative, researched treatment choices.

What else would you like us to know?

There is a saying that goes, "If it is predictable, it is preventable, and therefore avoidable." If practitioners cannot tell you why you are sick, then how can they help you get better? If you want a science-based, patient-centered approach to restoring your health so you can live an active, age-defying, disease-free life, call today.